

#### Dr. Carisa S. E. Boshoff D.C.

### **BOSHOFF CHIROPRACTIC CENTER**



## **Credentials**

Doctor of Chiropractic #13463 California

Certified Addictionologist

Diplomate American College of Addictions & Compulsive Disorders

## Education

1972 Doctor of Chiropractic, Palmer College of Chiropractic, Davenport, Iowa.

1973 Physical Therapy, Logan Chiropractic College, St.Louis, Missouri.

1970 – 1972 Thompson Technique. Extensive training with the technique founder Dr. J.Clay Thompson.

Extensive training for over 36 years Standard Process Laboratories in clinical nutrition

1980-1983 Extensive training with Reeves Workers Compensation and Personal Injury seminars along with practical application in daily practice.



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1980 to present. Ross Insurance Seminars (numerous) with training in insurance procedures, office management, patient care, medlegal issues, malpractice prevention etc.

1980 – 1986 Parker Chiropractic Research Foundation seminars (numerous)

1978 – 1980 Erhardt X-Ray seminar series. Monthly for 10 months. Taken three sets.

1978 Dr. Fred Stoner applied kinesiology seminar series.

1987 – 1989 B.E.S.T. technique Seminar series. Various levels.

1998 Completed the *Foundations of Nutritional Therapy* Seminar Series presented in Long Beach, CA by the International Foundation for Nutrition and Health.

1999 Served as a volunteer workshop coordinator for two *Foundations of Nutritional Therapy* Seminar Series presented in Sherman Oaks, CA and Costa Mesa, CA by the International Foundation for Nutrition and Health.

1999 to current Advisory Board Member of the International Foundation for Nutrition and Health.

2000-2001 Served as a volunteer workshop coordinator for the *Foundational Nutrition Conference and Acoustic Cardiograph Symposium* presented annually in San Diego, CA by the International Foundation For Nutrition and Health.

2003 Torque Release Seminar with Dr. Jay Holder.

2003 Auricular Therapy Seminar with Dr. Jay Holder.

2003 Certified Addictionologist program with the American College of Addictions and Compulsive Disorders.



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2003 Served in clinical residency program at the Cottage Hospital in Dade County, Miami, Florida. .

2003 Diplomate with the American College of Addictions and Compulsive Disorders.

2004 Advanced Torque Release Seminar with Dr. Alan Walden.

2004 Auricular Therapy Seminar with Dr. Terry Olsen.

2004 Served on the Board of Directors of The American College of Addictions and Compulsive Disorders.

2006 Advanced Torque Release Seminar with Dr .Jay Holder.

2006 Advanced Auricular Therapy Seminar with Dr. Jay Holder.

Numerous other ongoing training undertaken in NET, NIMMO, GONSTEAD, X-RAY INTERPRETATION, CHIROPRACTIC BIOPHYSICS, DIVERSIFIED, EXTREMITY ADJUSTING, TORQUE RELEASE, AURICULAR THERAPY, ADDICTIONS AND COMPULSIVE DISORDERS WITH THE AMERICAN COLLEGE OF ADDICTIONS AND COMPULSIVE DISORDERS. .

# **Summary of Experience**

Doctor Stephanus P.E.Boshoff is a second generation practicing Chiropractor who graduated from the Palmer College of Chiropractic at Davenrport, Iowa in 1972. The same year he started his career in South Africa. He has practiced in South Africa and currently in California. He started working in clinical nutrition during 1976 in Costa Mesa-Newport Beach. In 1980 he started the Boshoff Chiropractic Center in Oxnard, California and has been in private family practice since. In 2003 after serving his residency at the world famous Cottage Hospital in Dade County, Miami, Florida and completing the Diplomate program, he became a Board Certified Diplomate in Addictions and Compulsive Disorders. He



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has patients from all over California and in several other states as well as a number of foreign countries i.e. South Africa, Europe, Israel, England, Ireland and Scotland. He has appeared on both radio and television as a practicing Chiropractor, a clinical nutritionist, and Diplomate in Addictions and Compulsive Disorders.

Personal

Born, October 29, 1948 in Pretoria, South Africa. He was raised in Zambia, South Africa, and the United States of America.