



**Dr Stephanus P. E. Boshoff D.C.**

**Dr. Carisa S. E. Boshoff D.C.**

## **BOSHOFF CHIROPRACTIC CENTER**



### **Credentials**

Doctor of Chiropractic  
#DC-26348

### **Education**

1998 Doctor of Chiropractic, Life West Chiropractic College, San Lorenzo, California.

1999 to present. Ross Insurance Seminars (numerous) with training in insurance procedures, office management, patient care, med-legal issues, malpractice prevention etc.

1999 to present. Parker Seminar Series (numerous) with training in Chiropractic Philosophy and Front/Back Office management skills.

1999 Completed the *Foundations of Nutritional Therapy* seminar series presented in Sherman Oaks and Costa Mesa, California by the International Foundation for Nutrition and Health.

2000 State of California Radiography Supervisor and Operator.

2000 Completed *Advanced Practical Nutrition* presented in Los Angeles, California by Texas Chiropractic College.



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2000 Completed *Diagnosis & Treatment of Lower Extremities* presented in Los Angeles, California by Cleveland Chiropractic College.

2001 Completed the *Foundational Nutrition Conference and Acoustic Cardiograph Symposium* seminar series presented in San Diego, California by the International Foundation for Nutrition and Health.

2001 Completed *Diversified Technique* seminar presented in Studio City, California by the Innercalm Associates.

2002 Completed *Morter Health Systems Bio-Energetic Synchronization Technique* seminar presented in Los Angeles, California by Life Chiropractic College West.

2003 Completed *Basic Workers' Compensation-QME Preparation* seminar presented in Los Angeles, California by the International Chiropractors Association of California.

2003 Achieved Board Certification as an Addictionologist with the American College of Addictionology & Compulsive Disorders.

Co-Sponsored by Springfield College, Springfield, Massachusetts; St. Martin's College, Milwaukee, Wisconsin; American Association of Oriental Medicine; Royal Melbourne Inst. Of Tech. Chiro. Alumni Assoc., Australia; World Chiropractic Alliance, Washington, D.C.

2003 Ongoing training in Auriculotherapy and Torque Release Technique with the American College of Addictionology & Compulsive Disorders.

2004 Completed *Prevention, Education and Aftercare* training presented in Las Vegas, Nevada by the American College of Addictionology & Compulsive Disorders.



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### **BOSHOFF CHIROPRACTIC CENTER**

2005 Completed *Advanced PI Seminar: Motor Vehicle Collision Injuries Biomechanical Proofs* presented in Los Angeles, California by the California Chiropractic Association.

2006 Completed *X-ray: Producing Quality Images, Case Studies, Evaluations and Treatment Plans* presented in Agoura Hills, California by the Innercalm Associates.

2006 Completed *Advanced Auricular Therapy Training* presented in Berkeley, California by the Auriculotherapy Certification Institute.

### **Summary of Experience**

Dr. Carisa S.E. Boshoff-Novak is a practicing Chiropractor who started her career in 1998. She is a third generation Chiropractor practicing in Oxnard, California. She began her medical training in the field of massage therapy (with an emphasis in Therapeutic Sports Massage) in 1995. She started working in clinical nutrition in 1999. She has patients from all over the state of California and in several other states as well i.e.: Arizona, Nevada, Washington, Florida, Texas and New York. In 2003 she began her career in the field of Addictions achieving Board Certification. She has an active public speaking agenda on topics ranging from: Chiropractic Care for the Entire Family to Drug Free Approaches in Pain Management as well as topics related to Alternatives in Weight Management.

### **Personal**

Born, December 25, 1972 in Petersburg, South Africa. Raised in Ventura County, California.